

Daily Learning Planner

*Ideas families can use to help children
do well in school*



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have your child keep a chart of sunny and rainy days this month.
- ☐ 2. Write your child's name vertically. Have your student use each letter to begin a line of a poem.
- ☐ 3. Take a walk with your child and look for signs of spring. Ask, "If you didn't know the season, how could you use your senses to figure it out?"
- ☐ 4. Have your child figure out the average age of family members. (Add up ages, divide by number of family members.)
- ☐ 5. Have your child design a new cover for a much-loved book.
- ☐ 6. Have 20 minutes of DEAR (Drop Everything And Read) time today.
- ☐ 7. Get creative in the kitchen. Dream up some new pizza topping combinations with your child.
- ☐ 8. Ask if your child has ever had a scary dream. What was it about?
- ☐ 9. Have your child point to a country in an atlas or on a globe or world map. Together, figure out what time it is there.
- ☐ 10. Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.
- ☐ 11. Practice making decisions as a family.
- ☐ 12. Look at the weather forecast with your child today. Compare the weather where you live to the rest of the country.
- ☐ 13. Show your child a photograph from the media. Each of you write about what you think happened before or after the picture was taken.
- ☐ 14. Help birds build a nest. Collect pine needles, dried grass and cotton balls. Put them in a mesh bag and hang the bag on a tree.
- ☐ 15. With your child, make a list of words we commonly use that came from other languages. Here's a start: *piñata, croissant, karate*.
- ☐ 16. Encourage your child's creativity. Ask unusual questions. "What would you bring to a picnic in space?"
- ☐ 17. Have your child rub two stones together for a few minutes. Can your student feel the heat generated? This is due to *friction*.
- ☐ 18. Help your child try a food from another culture. Cook it at home or visit a restaurant as a family.
- ☐ 19. Play a game with your child today. It can be an active outdoor game or a quiet board game. Let your child choose.
- ☐ 20. Help your child research how rain falls from the sky.
- ☐ 21. Find the oldest building in your town. Visit it with your child and talk about local history.
- ☐ 22. Today is Earth Day. As a family, think of something you can do to protect the Earth.
- ☐ 23. Let your child choose what to wear and where to study today.
- ☐ 24. Share your heroes with your child. Talk about why you admire them.
- ☐ 25. Have a device-free evening. Take turns retelling family stories instead.
- ☐ 26. Encourage your child to put on a talent show. You provide the popcorn and the applause.
- ☐ 27. Use the letters in your child's name to start positive descriptions of your child. "M is for mighty. I is for interesting. A is for adventurous."
- ☐ 28. Have your child solve silly math problems, such as "How many hours are there until the last day of school?"
- ☐ 29. Teach your child to be a considerate winner and a gracious loser.
- ☐ 30. Together, make a list of five things your child has learned in school this month.