

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*



THE  
**PARENT**  
INSTITUTE®

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### Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Teach your child how to prepare nutritious after-school snacks.
- ☐ 2. Have each family member make a list of personal strengths. Read them aloud. Add to one another's lists.
- ☐ 3. Role-play a sticky situation together. What would your child do if friends were teasing someone at school?
- ☐ 4. Remind your child that it is not necessary to like a teacher in order to learn something in a class.
- ☐ 5. Learn together. Watch a "how-to" video with your child today.
- ☐ 6. Give your child some sidewalk chalk. Do math problems outside together.
- ☐ 7. Ask your child to give you an "evening news" report about what happened at school today. What's the scoop?
- ☐ 8. Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
- ☐ 9. Have your child thread a button onto some string, then make the button spin.
- ☐ 10. Low grades indicate a problem to be solved. Ask what your child thinks the problem is. What could your student do to fix it?
- ☐ 11. Challenge your child to do a secret good deed for someone at school.
- ☐ 12. Create a display of your child's best schoolwork. Rotate the work on display frequently.
- ☐ 13. Have your child write and send a letter or email to a relative.
- ☐ 14. Tonight, let your child stay up later to read.
- ☐ 15. Ask the school about dates for year-end tests. Make sure your child gets enough sleep the nights before.
- ☐ 16. Teach your child how to disagree respectfully.
- ☐ 17. Make up a song featuring your child's name.
- ☐ 18. Ask your child, "What is the nicest thing a friend has ever done for you?"
- ☐ 19. Talk with your child about your family's origins.
- ☐ 20. Go on a picnic with your child today. After eating, stretch out on a blanket and read together.
- ☐ 21. Do a crossword puzzle with your child today.
- ☐ 22. Cover the illustration on a page of a book. Read the page aloud. Can your child guess what's in the picture?
- ☐ 23. Make a list with your child of words that came from other languages. Here's a start: *vamoose, taco, pasta*.
- ☐ 24. Have a pattern day. Ask your child to notice patterns all around, such as a striped shirt or streets arranged alphabetically.
- ☐ 25. Ask your child to choose a country and learn more about it.
- ☐ 26. How many types of punctuation can your child find today?
- ☐ 27. Celebrate National Bike Month by having your child review the "rules of the road."
- ☐ 28. If you give your child an allowance, set guidelines for how much should be used for buying things, saving and giving to charity.
- ☐ 29. It's Memorial Day. Talk with your child about why this holiday is celebrated in the United States.
- ☐ 30. Get out five pipe cleaners. Challenge your child to twist and bend them to create an animal.
- ☐ 31. Together, read a book about your town or state.