

Daily Learning Planner

Ideas families can use to help children
do well in school



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Talk with your child about things she is looking forward to about school this year.
- 2. Breakfast helps students learn. Make sure your child starts his day with breakfast, at home or at school.
- 3. Choose a place for things that your child needs for school the next day. Help her get in the habit of putting her things there.
- 4. Have a “goodbye to summer” picnic today. Talk with your child about some fun things your family can do together this fall.
- 5. Make sure you and your child know the school rules. Discuss one today.
- 6. Have each family member set a personal weekly goal and write it down.
- 7. Name types of punctuation with your child. Look for examples of each.
- 8. Write a note saying something nice about your child. Tuck it where he will find it later.
- 9. Use time in the car to review things your child is learning, such as spelling words.
- 10. Reinforce manners today. Talk about the importance of saying *please* and *thank you*.
- 11. Measure how far your child can jump. How many jumps does it take to go around your house? Down the block?
- 12. Paint to music with your child. Play different types of songs for each painting. Discuss how the music affects the art.
- 13. Have a Family Reading Night. Pop some popcorn and have everyone curl up with a good book.
- 14. Help your child find her best time to do assignments. Some kids are more focused right after the school day ends, others are at night.
- 15. Ask your child to name his favorite book. Why does he like it?
- 16. Talk about three ways you used math today. Ask everyone in the family how they used math.
- 17. Show your child 10 objects. Have her close her eyes while you remove one. When she opens her eyes, can she guess what’s missing?
- 18. Write your child’s name vertically. Have him use each letter in his name to begin a line of a poem about himself.
- 19. Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.
- 20. Ask your child to tell you something she learned today. Then tell her something *you* learned today.
- 21. Exercise as a family. Choose an activity everyone will enjoy.
- 22. Watch the news with your child. Locate one place mentioned on a world map.
- 23. Make up a secret code with your child. Send messages to each other.
- 24. Watch a funny TV show together. Then have your child draw a comic strip showing what it was about.
- 25. Tell your child about books you loved when you were his age.
- 26. Talk about *honesty* and why it is so important. Point out examples of people who demonstrate honesty.
- 27. See how many ocean creatures you and your child can think of.
- 28. Post a Word of the Day. Challenge family members to use it in a sentence.
- 29. Help your child look for maps in the newspaper. How many can she find? What kinds of information do they give?
- 30. Look over your child’s completed assignments. Give compliments first, then helpful suggestions.