

Daily Learning Planner

*Ideas families can use to help students
do well in school*



THE
PARENT
INSTITUTE®

May 2023

Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Let your child see you passing time with a book instead of a phone.
- ☐ 2. Remind your child how important it is to turn in work. Just one missing assignment can lower a grade.
- ☐ 3. Together, make a “world time” display with several clocks. Set them to times in different countries.
- ☐ 4. Does your middle schooler feel a need for more freedom? More time to talk? More privacy? Ask what your child thinks.
- ☐ 5. Challenge your child to create a recipe and write it down. Try it out!
- ☐ 6. Visit an outdoor site with your child today, such as a garden or a park.
- ☐ 7. Ask your child to name an *adjective* and an *adverb*.
- ☐ 8. Discuss something you recently learned with your child. This shows education is a lifelong process.
- ☐ 9. Give your child three reasons why spending time together makes you happy.
- ☐ 10. Start a list of places your family would like to visit. Have your child research information about these places.
- ☐ 11. Encourage persistence by saying things such as “I know you can figure this out.”
- ☐ 12. Spend a few minutes talking with your child at bedtime.
- ☐ 13. Find a free cultural event to attend with your child, such as an exhibit or concert.
- ☐ 14. Dig out a favorite children’s book and read it together. There are still lessons to be learned.
- ☐ 15. Notice your child’s interests and talents. Then encourage them.
- ☐ 16. Try to have a rhyming conversation with your child. It may be tough at first, but you’ll get better!
- ☐ 17. Keep screen entertainment turned off today. Let your child be responsible for thinking of alternative activities.
- ☐ 18. Point out an example of prejudice to your child. Talk about ways to deal with intolerance.
- ☐ 19. Explore a museum website with your child.
- ☐ 20. Bring a compass on a walk. As you make turns, have your child tell you whether you’re heading *north*, *south*, *east* or *west*.
- ☐ 21. Teach your child a three-step process for any job: *plan*, *do*, *finish*.
- ☐ 22. Social media makes it easy to hurt someone. Make a family rule: Don’t post anything you wouldn’t say to someone’s face.
- ☐ 23. If your child is struggling in a class, it’s not too late to ask the teacher for advice.
- ☐ 24. When your child tells you something important, restate it in your own words to make sure you understood.
- ☐ 25. Hang a chalkboard in your child’s room to encourage writing.
- ☐ 26. Praise your child to someone else when your child can overhear.
- ☐ 27. Visit the library. Check out a book on simple science experiments you and your child can try at home.
- ☐ 28. Encourage your child to write a letter to a teacher or coach who has been a positive influence.
- ☐ 29. Suggest that your child start a book club with friends.
- ☐ 30. Talk together about your child’s dream job.
- ☐ 31. Teach your child a useful skill, like how to sew on a button.