

# Daily Learning Planner

*Ideas parents can use to help students  
do well in school*



THE  
**PARENT**  
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## June 2021

### Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Tell your child all the ways that being his parent makes you proud.
- 2. Improve communication with your child by being an attentive listener.
- 3. Talk to your child about your values and how they relate to matters such as drugs and sex.
- 4. Encourage your child to do a good deed for someone, like a neighbor or a teacher.
- 5. Help your child start a collection of something (comic books, stamps, spoons).
- 6. Remember that your child needs a parent more than just another friend.
- 7. Help your child research her dream career. How could she attain it? What courses would she need to take to prepare?
- 8. Make an appointment with your child to do something fun together, just the two of you. Write it on your calendar.
- 9. Let your child add freshly squeezed lemon juice to grape juice and watch the color change.
- 10. Discuss important online safety rules with your child, such as never revealing personal information.
- 11. Ask everyone in your family to pick one habit they'd like to start. Practice the new habit for several weeks to help it stick.
- 12. Give your child a new responsibility. Praise him for being mature enough to handle it.
- 13. Challenge your child to find out more about your community's history.
- 14. Talk about honesty and why it is so important. Point to examples of people who demonstrate honesty.
- 15. If your child could learn anything this summer, what would it be? Look for ways to help her try.
- 16. Bow out of power struggles with your child. Let him experience the consequences of misbehavior.
- 17. Teach your child what to do in case of a kitchen fire.
- 18. Test observation skills. Challenge your child to describe someone you both just passed on the street.
- 19. Can your child name some elected officials from your state or province? If not, help her do some research.
- 20. Search online for simple science experiments your child can do at home. Try one together.
- 21. Tell your child why you value education.
- 22. Ask your child what he thinks is the greatest invention of all time.
- 23. Help your child learn about the parts of an orchestra.
- 24. Discuss a controversial issue with your child. Ask, "What do you think?"
- 25. Ask your child to document her summer. She can keep a journal, take photos or make a video.
- 26. Help your child open a bank account. Explain how to keep track of deposits and withdrawals.
- 27. Ask your child to think about his accomplishments.
- 28. Give your child a sketchbook. Have her draw things that inspire her.
- 29. Write a nice note to your child and place it where he won't expect it.
- 30. Play a game together that builds math skills, such as cards or dominoes.

# July 2021

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- 1. Give your child a book and ask her to look at just the cover. After she reads the book, have her compare it to her first impressions.
- 2. Are you away from home during the day? Review with your child what to do during an emergency.
- 3. Ask your child what he would do with one million dollars.
- 4. Read the Declaration of Independence with your child today. Talk about why it was written.
- 5. Ask your child to teach you a skill, such as how to multiply fractions.
- 6. Remind your child to use you as an excuse if necessary: "My mom wants me home. Sorry."
- 7. Declare this an Acts of Kindness Day. Make a special effort to be kind to everyone.
- 8. Drugs can be deadly the first time kids use them. Give your child the facts about the dangers of drugs.
- 9. Ask your child, "If you could improve one thing about yourself, what would it be?"
- 10. Try to have a rhyming conversation with your child.
- 11. Thank your child for helping out with family responsibilities.
- 12. Choose a food that is new to your family. Ask your child to help you prepare it for dinner.
- 13. Make up trivia questions about your family. Quiz one another at the dinner table.
- 14. List your priorities in life, including family. Does your schedule reflect what's most important?
- 15. Have your child put white paper in one foil pan and black paper in another. Place an ice cube on each. See which melts first in the sun.
- 16. Ask your child, "What do you wish we did differently at home?" Be open to her suggestions.
- 17. Show your child your utility bills. Have him chart the monthly amounts of water, gas and/or electricity your family uses.
- 18. Learn a strategy game, such as chess, with your child. Play it often during summer vacation.
- 19. Give your child stress-relieving tips, such as counting to 10 silently when angry.
- 20. Ask your child what she would do if a friend of hers stole something from a store.
- 21. Get up early and watch the sunrise with your child.
- 22. See if your child can list the planets other than Earth.
- 23. Bring paper and a pen on a walk. Have your child find something he likes and describe it in detail.
- 24. If your child has strong opinions on an issue in the community, encourage her to write a letter to an elected official.
- 25. Have your child write a proposal for a privilege he has requested.
- 26. Let your child see you reading often.
- 27. Ask to see your child's summer reading list. How many books has she read so far?
- 28. Teach your child how to make one of your family's favorite recipes.
- 29. Have your child look up the month names (January, February, etc.) and find out the origin of each.
- 30. Mention how something you learned in school has helped you as an adult.
- 31. Can your child name all 50 states? Help him!

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# August 2021

## Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Plan to get some exercise with your child every day this month.
- 2. Play a guessing game with your child—Twenty Questions, I Spy—whatever she'd like.
- 3. Check the school website to find out what supplies your child will need. Watch for back-to-school sales.
- 4. Remember that children learn from your actions more than your words. Focus on setting a good example.
- 5. Ask your child to write about a place he would like to visit one day.
- 6. Establish times at home when using digital devices is not allowed, such as during mealtimes.
- 7. Remind your child of a time when persistence helped her succeed.
- 8. Talk about your child's goals for the coming school year. Post the list where you and your child can see it often.
- 9. Have your child write down the temperature each day for a week. Have him figure out the average temperature.
- 10. Get your child into a healthy sleeping routine for school. Have her go to bed earlier and get up earlier in the morning.
- 11. Challenge your child to walk someplace instead of being driven.
- 12. "Because I said so!" is frustrating for middle schoolers to hear. Instead, explain your reasoning.
- 13. Teach your child to help you with car maintenance tasks.
- 14. Talk with your child about things that may be different about school this fall.
- 15. Have your child write a list of words that can be used to describe something *exciting*.
- 16. Point out an example of prejudice to your child. Talk about ways to respond to intolerance.
- 17. Give your child a hug today and every day.
- 18. Watch the news on TV with your child. Choose one story and compare it with a newspaper article on the same topic.
- 19. Think of ways you and your child waste time. Together, brainstorm ways to improve.
- 20. Talk about your child's summer. Can he name three things he learned?
- 21. Ask your child to teach you how to play her favorite game.
- 22. Go on a nature walk with your child. Look for things you have never noticed before.
- 23. Give your child a say in making a family decision.
- 24. Teach your child a favorite song from when you were his age.
- 25. Visit the website of the high school your child will attend. Discuss the classes and activities that interest her.
- 26. Write upcoming school events on your calendar. Make plans to participate in as many as you can.
- 27. Spend a few minutes talking with your child at bedtime. This is a relaxing time for conversation.
- 28. Explore an old cemetery with your child. Talk about the time periods on the headstones.
- 29. Help your child establish a study area for the new school year.
- 30. Have your child convert the miles you travel today into kilometers.
- 31. Watch a TV show with your child. Notice how men and women are portrayed. Are the characters realistic?

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