

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Special Education Parent Resource Center  
Roanoke County Schools



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make a big pot of soup. Let your child help with measuring.
- 2. Have your child draw a picture of something that happened at school today. Discuss it together.
- 3. Ask your child to teach you some math the class is learning. It's an effective way to reinforce the information in your child's mind.
- 4. A planning calendar is key to organization. Help your child use one to track school assignments and test dates.
- 5. Sometime today, exchange notes with your child instead of talking.
- 6. Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
- 7. Read a book about your town or state with your child.
- 8. It's Fire Prevention Week. Have your child practice a safe escape route from your home. Plan where to meet if you get separated.
- 9. Today's news is history in the making. Watch the news with your child.
- 10. Together, look at a tree in your neighborhood. Talk about how it has changed in the last few weeks.
- 11. Review math facts at the dinner table tonight.
- 12. Does your child have reading to do over the weekend? Have your student schedule time to complete it.
- 13. Start a project with your child. Make plans to work on it regularly.
- 14. Do a crossword puzzle together. It's a great way to learn new words.
- 15. Ask about the best present your child ever got. What made it special?
- 16. Make today Dictionary Day. Talk with your child about new words that should be in the dictionary.
- 17. Help your child time how long different daily activities take to do.
- 18. Dissolve some salt in water in a glass. Have your child observe it over the next few days. Talk about what happens.
- 19. Visit the library and check out a mystery book to read together.
- 20. At the store, ask your child to figure how much tax you will be charged on a purchase.
- 21. Look through a newspaper together, in print or online. What headlines interest your child? Read an article out loud and discuss it.
- 22. Ask your child to use a measuring tape to measure the dimensions of objects in your house, then write them down.
- 23. Talk about careers. What kinds of jobs interest your elementary schooler? Discuss how education will help.
- 24. With your child, learn how to count to 10 in at least three different languages.
- 25. Have your child pretend to be Mayor for a day. Ask, "What three things would make our community a better place?"
- 26. Ask your child *how* and *why* questions to provide practice answering questions that require reasoning.
- 27. Give your child a hug today.
- 28. Spend a half hour reading together today. Let your child pick the book you will read.
- 29. Exercise with your child. Pick an activity you both enjoy, such as biking or tossing a ball.
- 30. Talk with your child about ways to handle stress. Exercising and talking to someone are effective strategies to try.
- 31. Choose a familiar object, such as a paper clip. Ask your child to figure out different ways to use it.