

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Tensas Parish Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Ask your child, "If you could change one thing in the entire world, what would it be and why?" Listen carefully to her answer.
- 2. Talk about honesty and why it is so important. Find examples of people who demonstrate honesty.
- 3. How would your child handle peer pressure to drink, take a pill or vape? Use role-playing to practice ways to say *no*.
- 4. Encourage your child to talk to at least three new people outside of his normal group of friends this week.
- 5. Test observation skills with your child. Challenge each other to describe someone you just passed on the street.
- 6. Read your child's reading assignment together. Then ask her to tell you about it in her own words.
- 7. Help your child make a savings plan for a special purchase.
- 8. Tell your child that you believe he can learn and succeed academically. He'll be more likely to do so.
- 9. Watch a TV show together. Notice how men and women are portrayed. Are the characters realistic?
- 10. It's Computer Learning Month. Can your child teach you something about computers?
- 11. Encourage your child to read a newspaper every day this week. Have her choose a cover story to discuss.
- 12. Learn about upcoming school events for families. Make plans to attend at least one, in person or online.
- 13. Think of something you and your child would like to learn. Check out a how-to book from the library.
- 14. Set consequences for misbehavior that teach rather than punish.
- 15. Let your child take over a new responsibility. Present it as a positive step in growing up.
- 16. Tell your child you love him.
- 17. Discuss different ways to ease stress. Your child could exercise or listen to relaxing music.
- 18. Teach your child how to do a household task, such as tracking expenses. Competence makes kids feel good.
- 19. Read a story aloud as a family.
- 20. When you are having a conversation with your child, don't talk for more than 30 seconds at a time before letting her have a turn.
- 21. Ask your child a thought-provoking question, such as "What do you think life will be like in 50 years?"
- 22. Help your child set priorities when studying. Which assignment is most important? Due first? Most difficult?
- 23. Discuss a TV ad with your child. How did it try to convince you to buy?
- 24. Review your house rules. Do they still fit your child's age and maturity?
- 25. Make a recreational screen time schedule for the week. Help each other stick to it.
- 26. Tell your child a joke today.
- 27. Share an article that might interest your child. Discuss it together.
- 28. Just for fun, serve a "backwards dinner." Eat dessert first.
- 29. Notice whether your child is giving schoolwork his best effort. If so, praise his responsibility.
- 30. Ask your child to plan a fun family night.
- 31. Do something you've never done before with your child. Try a new food. Visit a new place.