

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Atkinson County Schools  
Family Engagement



THE  
**PARENT**  
INSTITUTE®

## June 2026

### Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

1. Ask your child to keep a record of summer break activities by writing in a journal, taking photos or making a video.
2. Want to improve communication with your child? Be an attentive listener!
3. Decide on some educational goals your family can pursue together in the next few months.
4. Encourage your child to write a thank-you note to teachers, coaches or other school staff who have made a difference this year.
5. Brainstorm together about a business your middle schooler could start this summer.
6. Go to the library and help your child find books about middle schoolers who have made a difference in the world.
7. Suggest that your child start a book club with friends.
8. Help your child open a bank account. Go over how to keep track of transactions on paper and by using the bank's website or app.
9. As a family, make a list of nearby places you want to visit this summer.
10. Remind your middle schooler not to reveal personal information online. Discuss what to do if your child receives texts or emails that ask for it.
11. Challenge your child to think of ways your family could reduce household waste.
12. Try to increase the number of times you eat meals as a family each week. If dinner is difficult to manage, eat breakfast together instead.
13. As you drive, talk about traffic safety rules with your child.
14. Take a family walk tonight after dinner. Listen for summer sounds.
15. Can your child name each of the United States? Canadian provinces?
16. Help your child investigate summer volunteer opportunities for young people in your area.
17. Discuss a family problem and brainstorm solutions together. Give each family member an opportunity to speak.
18. Encourage your child to choose favorite characters from any kind of media (shows, books, etc.) and write a story about them.
19. Ask how your child handles anger. Review positive ways to manage angry feelings.
20. Suggest that your child teach a younger child how to do a summer science experiment, such as comparing melting rates of ice cubes in water and air.
21. Make this week a Do Nice Things for People Week.
22. Keep an ear open for unfamiliar words when you and your child listen to the radio or watch TV. Look the words up and use them in conversation.
23. Teach your child how to make a favorite food.
24. Review and discuss your house rules for staying home alone with your middle schooler.
25. Play an active game with your child like basketball or pickleball.
26. Make an I'm Bored box. Fill it with craft supplies and reading material.
27. Make regular trips to the library together part of your summer schedule. This week, help your child find information about different careers.
28. Announce a screen-free day. Play board games and card games instead.
29. Ask your child to clean out a closet. Together, donate gently used clothing, toys and equipment to a charity.
30. Explain that if your child wants you to rethink a rule, it will be necessary for your middle schooler to build a case and present it to you.