

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Hay Springs Public Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. Post a summer reading list in a special place. Encourage your child to check off each completed book.
2. Praise your child for doing something today. Be as specific as possible.
3. Make a video of your child reading a story aloud.
4. Take reading materials with you wherever you go with your child. Read together while waiting for the bus or at the doctor's office.
5. Create a board game with your child. Use poster board, markers, index cards and dice.
6. At the grocery store, let your child pick out an unfamiliar vegetable. Find a recipe and give it a try.
7. Look for an age-appropriate movie about life in another country. Watch it ask a family.
8. With your child, learn how to count to 10 in three different languages.
9. Have your elementary schooler look up the word *integrity* in the dictionary. Discuss its meaning.
10. Watch the news on TV with your child. Choose one story and compare it with an article on the same topic.
11. Challenge your child to write a news article about a family event.
12. Heads or tails? Have your child predict the results of flipping a coin 10 times, then try it and see.
13. Write math facts on index cards for summer practice. For a start, have your child solve related facts (5+6 and 11-5) or doubles (2+2, 7+7).
14. Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.
15. Summer is just a few days away. With your child, make a list of five free, fun things to do as a family this summer.
16. What's inside a seed? Have your child soak a dry bean overnight, remove the coat and pull the halves apart to find out.
17. How far can your child jump? How many jumps does it take to go around your home?
18. Talk to your child about substance abuse. Discuss why it's vital to avoid using drugs, alcohol and tobacco products, and ways things to say *no*.
19. Ask your child to put your spice jars or canned goods in alphabetical order.
20. Visit the library as a family. Check out books about science.
21. Together, plan your child's screen use for the week. Set limits to allow screen-free time for reading, playing, relaxing and talking with family.
22. Ask your child, "If you could go anywhere in the world, where would you go and why?" Together, learn more about this location.
23. Read a story aloud with your child. Take turns reading sentences or pages.
24. Measure your elementary schooler's height. Keep a record, then measure again in December and compare.
25. Do a jigsaw puzzle with your child.
26. Help your child fill a glass with water and 10 drops of food coloring. Place a white flower in the glass. The flower will change color overnight!
27. Sign your child up for a summer reading program at the library.
28. Have a Family Night In. Everyone gets to curl up with a good book and a healthy snack.
29. Together, make a chore chart. List chores your child is responsible for and when they should be completed.
30. Teach your child how to sew on a button today. It's a useful life skill, and it strengthens small motor skills.