

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Gideon Elementary School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Listen to music with your teen. Take turns choosing the artists.
- 2. Encourage your teen to compare prices and return policies before buying something.
- 3. Talk about trust with your teen. What makes someone worthy of trust?
- 4. Read the Declaration of Independence with your teen today. Talk about why it was written.
- 5. Memorize a poem with your teen. Recite it at dinner.
- 6. Offer encouragement when your teen faces challenges. Say “Go for it!” or “You can do it!”
- 7. Don’t let math skills get rusty. Challenge your teen to rework some old math problems.
- 8. Take a walk late tonight together and look at the sky. Can your teen pick out any constellations?
- 9. Have each family member prepare one part of a meal, then enjoy it together.
- 10. Practice setting priorities with your teen. Make a list of things to do in the coming week. Do the most essential tasks first.
- 11. Ask your teen to teach you how to do something new on the computer.
- 12. Talk with your teen about how each of you could improve your listening skills.
- 13. Start a tradition with your teen: Enjoy some ice pops as you take an evening walk. Make it a regular occasion.
- 14. Do a memory workout. Ask what your teen ate yesterday. Two days ago? Challenge each other to recall small details of the week.
- 15. Find a map of Europe from the 1950s. Compare it to a current map. How many changes can your teen find?
- 16. Be tourists in your own hometown today. Visit a local historical site with your teen.
- 17. Think like archeologists. What could your teen say about the people in your house based on the items in it?
- 18. Have your teen solve silly math problems. Ask, “How many hours until graduation?”
- 19. Ask about your teen’s summer job. Share a work story of your own.
- 20. Is your teen turning into a summer couch potato? Limit screen time and encourage outdoor activity.
- 21. Ask your teen to name five favorite books. Read one of them.
- 22. Discuss an international news event with your teen. How is it affecting your country?
- 23. With your teen, pick up trash around your neighborhood.
- 24. Always say “I love you” when you say goodbye to your teen.
- 25. Ask your teen to use descriptive words to create a verbal self-portrait.
- 26. Choose a number between 2 and 12. Have your teen list things that come in that number.
- 27. Watch a travel or science program on TV with your teen.
- 28. Illegal drugs can be deadly the first time kids use them. Talk with your teen about the dangers of substance abuse.
- 29. Suggest that your teen read an article that interests you. Talk about it.
- 30. “Because I said so!” is frustrating to hear. Explain your reasoning.
- 31. Play Alphabet Mix up. Choose a word; rearrange the letters in alphabetical order. Can your teen figure out the word?