Daily Learning Planner

Ideas families can use to help children do well in school

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THE PARENT INSTITUTE®

March 2024

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ❍ 1. Record a conversation with your child. Listen to it together and talk about how your voices sound.
- ❍ 2. Review math facts with your child today.
- ❍ 3. Talk about your day in lots of detail. Then, ask about your child's day.
- ❍ 4. Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
- ❍ 5. Talk to your child about a time you had to work with someone you didn't like. How did you handle it?
- ❍ 6. Talk about a familiar place and have your child decide which direction it is from your home—*north*, *south*, *east* or *west*. Then, look at a map.
- ❍ 7. Have your child turn a news article headline into a question. Then, read the article together. Did it answer the question?
- ❍ 8. Have your child choose a famous woman to learn more about. Look for biographical information online or at the library.
- ❍ 9. Fly a kite with your child today.
- ❍ 10. Encourage your child to read today's top news stories and report on one at dinner tonight.
- ❍ 11. Have your child read to you while you're in the car or on the bus.
- ❍ 12. Demonstrate how to take your own pulse. Have your child do it. Then, jump up and down 50 times together and take your pulses again.
- ❍ 13. Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
- ❍ 14. Set an example for your child by reading. Then, say something like, "I love reading about new things!"
- ❍ 15. Together, think of several words that start with the same letter. Put them in a sentence that makes sense.
- ❍ 16. Relax together. Say how much you enjoy your child's company.
- ❍ 17. Ask your child to use a radio announcer voice to read aloud to you.
- ❍ 18. Let your child help you make a family chore chart. Everyone can check off jobs as they are finished.
- ❍ 19. Ask your child to draw a self-portrait.
- ❍ 20. Go outside and watch as the wind moves through the trees. Ask your child, "What sound does the wind make?"
- ❍ 21. Ask your child, "What are you thinking right now?"
- ❍ 22. Talk with your child about the importance of telling an adult when someone is being bullied.
- ❍ 23. Books that win the Caldecott medal have great illustrations. Help your child find one at the library.
- ❍ 24. Does your child ride a bike? Review the rules of bicycle safety.
- ❍ 25. Post a funny saying or comic where your child will see it.
- ❍ 26. Have your child write a letter or draw a picture for a living author of a book. Send it to the author in care of the book's publisher.
- ❍ 27. Hold a family meeting. Decide on some family goals together.
- ❍ 28. Encourage your child to take healthy risks. For example, suggest talking to a classmate your child doesn't know well.
- ❍ 29. Help your child make a plan and carry it out.
- ❍ 30. Combine TV viewing with exercise. When a commercial comes on, get your family up and move. Jump up and down, run in place, do sit-ups.
- ❍ 31. Check ads for prices ending in 98 or 99 cents. Challenge your child to round off and estimate how much four of these items would cost.

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