

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Family and School Partnerships
Fairfax County Public Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Write the word *summer* vertically. Have your child use each letter to start a line of a poem about summer.
- 2. Help your child round up some friends and play a game together outside.
- 3. Find some interesting words in advertisements. Help your child look them up in a dictionary.
- 4. Head outside with your child. Use sidewalk chalk to do some math problems together.
- 5. Help your child make a poster listing some summer safety tips.
- 6. Create a costume box for your child. Add washed yard sale treasures, such as big shirts, scarves and jewelry.
- 7. Read a favorite fairy tale to your child.
- 8. Visit an interesting place in your town. Have your child create an ad to tell others about it.
- 9. Talk to your child about how name-calling hurts everyone.
- 10. Most libraries have summer reading programs for kids. Sign your child up today.
- 11. Teach your child to tell time on a clock with hands, not just a digital one.
- 12. Give your child a notebook to use as a journal. Set aside 10 minutes each day for writing in it.
- 13. Have a scavenger hunt outside. Challenge your child to find specific items (a round pebble, a fallen leaf, a Y-shaped stick, etc.).
- 14. Just for fun, serve a backward dinner tonight. Eat dessert first.
- 15. Help your child plan three healthy breakfasts to rotate on weekdays.
- 16. Take a walk with your child and use all five senses to observe the world around you.
- 17. Ask your child to list items your family would need if you were going on a long hike.
- 18. Choose a TV show to watch together. Then, ask for your child's opinions about the show you watched.
- 19. Have your child select a newspaper headline and turn it into a question. Does the article answer the question?
- 20. Use two new words at the dinner table tonight. Talk about their meanings.
- 21. Have your child write a list of goals for the summer.
- 22. Does your child need some new books? Set up a neighborhood book swap.
- 23. Ask your child, "If you could be a character from a book, which one would you be? Why?"
- 24. Help your child make unusual prints. Dip flowers or other objects into paint and then press them onto paper.
- 25. Have a summer contest. Who in your family can read the most books?
- 26. On a sunny day, stand on the driveway or sidewalk with your child. Trace your shadows with chalk.
- 27. Write down a long word, such as *achievement*. How many smaller words can your child create using only the letters in the long word?
- 28. Practice division. Ask your child, "How many of your lifetimes has Grandma lived?"
- 29. Have your child find things at home today that start with each letter of the alphabet.
- 30. Together, draw pictures of things that make you happy.