

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Blount County Board of Education



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. This is Library Card Sign-Up Month. Make sure everyone in your family has a library card—and knows how to use it.
- 2. Think of a meaningful quotation you love. Post it where your child will see it.
- 3. Establish a regular place to display your child's best schoolwork. Change the display often.
- 4. Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.
- 5. A calendar is important for organization. Buy or make one with your child. Together, mark important dates with stickers.
- 6. Ask your child to guess how many times each of you blinks in a minute. Then check: Count blinks for 15 seconds and multiply by 4.
- 7. Establish a regular time for your child to do schoolwork. Choose the time together.
- 8. When your child is unsuccessful, ask, "How would you do it differently next time?"
- 9. Review the school rules together. Post the rules on your refrigerator.
- 10. Turn chores into a game. Give each task a number and have your child roll a die to get an assignment.
- 11. If you haven't met your child's teacher yet, make plans to do so, either in person or online.
- 12. At dinner, have each family member say something nice about every person at the table.
- 13. Play math "Jeopardy." Give a number. Who can come up with an equation for which it is the answer?
- 14. When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.
- 15. Have your child list ways family members read and write at home.
- 16. What foods make your child think of autumn? Apples, pears, squash? Choose one and prepare a healthy dish together.
- 17. Today is Constitution Day in the United States. Explain that a constitution is a framework for governing a country and its people.
- 18. Ask what your child is most looking forward to this school year.
- 19. Have your child name five jobs that might be interesting to do. Try to help your child interview someone in one of these jobs or fields.
- 20. Tonight at dinner, put a "price" on each item you serve. Have your child figure out the total cost of the meal.
- 21. When your child has a problem, offer two possible solutions. Let your child decide which one to choose.
- 22. It's the Autumnal Equinox. Help your child look up the word *equinox*. What does it mean?
- 23. Write down five of your child's successes this week and five of your own. Post the list where you can both see it.
- 24. Check out some new books from the library today. Sit in a cozy chair with your child and read a few together.
- 25. Help your child research the answer to a question.
- 26. Have your child write down a weekly goal. Make one for yourself, too.
- 27. Ask your child, "What is your favorite animal? Why do you like it?"
- 28. Praise something your child did well today. Make your praise as specific as possible.
- 29. Have your child write or dictate a short story about a favorite teacher.
- 30. Talk with your child about honesty and why it is important.