

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Terrebonne Parish Schools
Federal Programs Department



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Watch the national news as a family. Ask each person to express an opinion about a story.
- 2. Are you away from home during the day? Talk with your child about what to do during an emergency.
- 3. Build familiarity with the high school your child will attend. Call and ask if you and your child can take a tour. Read the website together.
- 4. Read the *Declaration of Independence* with your child today. Talk about why it was written.
- 5. Ask your child to tell you about a time when telling the truth was hard.
- 6. Have your child play a favorite song. Listen to the lyrics and discuss what you hear.
- 7. Make some lemonade and read outside with your child today.
- 8. Ask your child, "Would you rather have 23 hundred-dollar bills, 48 tens and 9 ones, or 26 hundreds, 17 tens and 22 ones?"
- 9. Is your child turning into a summer couch potato? Limit screen time and encourage outdoor activity.
- 10. Tell your child about your day in as much detail as you would like to hear about your child's day.
- 11. Ask your child, "What makes a house a home?"
- 12. Compliment something about your child's appearance today.
- 13. Help your child learn about the sections of an orchestra. Then, listen to some classical music.
- 14. Suggest that your child write a descriptive story about middle school life.
- 15. Plant a family garden—outside or on the windowsill—with your child. Include at least one fruit or vegetable plant.
- 16. Kids may say, "Everyone else is doing it." Don't cave in—say, "Well, we aren't."
- 17. If your middle schooler could open a store, what kind would it be? How would your child attract customers?
- 18. Encourage your child to read about young teens who are making a difference. Ask a librarian for suggestions.
- 19. Walk a mile or a kilometer with your child. Before you start, estimate how long it will take.
- 20. Visit a museum together, in person or online.
- 21. Have your child show you a favorite app. Explore it together.
- 22. Will your child need a back-to-school physical? Make an appointment today.
- 23. Ask your child, "If you could improve one thing about yourself, what would it be?"
- 24. Kids need some time alone with their thoughts. Suggest activities your child can do alone.
- 25. Does your middle schooler want a special privilege? Challenge your child to write a persuasive proposal.
- 26. Ask your child, "If you could meet anyone from history, who would it be? What would you say?"
- 27. Have your child draw a picture of something inspiring.
- 28. Look online for a festival or event that highlights a culture other than your own. Plan to attend as a family.
- 29. Talk with your child about a historic event that you remember.
- 30. Improve communication with your child by listening attentively.
- 31. Discuss a time when your child's persistence led to success.