

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Dennis Yarmouth Regional School District



THE  
**PARENT**  
INSTITUTE®

## May 2026

### Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

1. Search online for a list of award-winning books for children. Look for them at the library.
2. Encourage your child to write a thank-you note to a favorite teacher or school staff member.
3. Find a kid-friendly recipe. Help your child make that dish today.
4. Ask your child questions that require more than a *yes* or *no* answer: "What do you think dogs think about?"
5. Have a silent conversation with your child. Draw what you want to say.
6. Show your child a new shape today, such as a *hexagon* (six sides) or an *octagon* (eight sides).
7. Ask your child to design and name a new car. Look at car ads for ideas.
8. Turn off digital devices this evening. Act out stories instead.
9. Have your child write a list of things your family hopes to do this summer.
10. Read three poems with your child today.
11. Find out about dates for year-end tests. Make sure your child arrives at school on-time and well-rested.
12. Talk about a familiar local landmark with your child. Decide which direction it is from your home—north, south, east or west.
13. Sit face-to-face with your child. Take turns pretending to be a mirror and copy each other's movements exactly.
14. Ask your child to name 10 items that can be found in a dentist's office.
15. Have your child write a story about something small enough to fit in a pocket.
16. Help your child learn some facts about undersea life.
17. Give family members marshmallows and uncooked spaghetti. See who can build the tallest tower.
18. The next time you drive, point out the route on a map and ask your child to play navigator.
19. Sponsor a summer reading contest. Who in your family can read the most books between now and September?
20. At dinner, have each family member say something nice about every person at the table, including themselves.
21. Teach your child to plan ahead. Talk about next weekend. What needs to be done to prepare for a family activity?
22. Encourage your child to set a goal for today.
23. Help your child make a bookmark on a piece of thin cardboard. Suggest drawing a scene or writing a quotation from a book.
24. Freeze fruit juices in ice cube trays to make popsicles. Enjoy them with your child.
25. Encourage your child to write a letter to a distant relative or friend.
26. Let your child see you reading. Then say, "Reading is so much fun!"
27. Have your child read to you while you're driving somewhere together.
28. Look for a show on science or history. Watch it with your child.
29. Encourage your child to think of a skill that would be fun to learn over the summer. Look for ways to make that happen.
30. Garden with your child today. Pull weeds, spread mulch, plant flowers outside. Or, pot plants indoors.
31. Go on a walk with your child. Challenge each other to spot something you haven't seen before.