

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

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THE  
**PARENT**  
INSTITUTE®

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### Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Teach your child to read utility meters or bills and track the amount of water, gas and/or electricity your family uses.
- ☐ 2. Suggest that your child ask friends what they are reading. It may provide motivation and some fresh ideas for books to try.
- ☐ 3. Encourage your child to keep active this summer by swimming, walking, running, etc. Do it together.
- ☐ 4. Read the Declaration of Independence with your child today. Talk about why it was written.
- ☐ 5. Talk about privacy, and when it is and is not appropriate to share personal information, such as your home address.
- ☐ 6. Ask your child to tell you about a friend who has a similar sense of humor. What makes them laugh?
- ☐ 7. Will your child need a physical for school? Make an appointment today.
- ☐ 8. Strive to maintain open communication with your child. It will help you through the teen years.
- ☐ 9. At the grocery store, talk with your child about the kinds of things that affect food prices.
- ☐ 10. Help your child find an audiobook or a podcast that would be enjoyable to listen to.
- ☐ 11. Give your child a box of cereal. Ask, "If you eat one serving a day for 25 days, how many total calories will you take in?"
- ☐ 12. Let your child be your tour guide this summer. Have your student plan a family outing.
- ☐ 13. Tonight, take turns reading aloud from favorite books.
- ☐ 14. Ask your child to support a strong opinion with facts.
- ☐ 15. Give three reasons why being with your child makes you happy.
- ☐ 16. Keep a supply of reading material in a bag for when you and your child may have to wait somewhere, like a doctor's office.
- ☐ 17. Praise something your child is doing well this summer.
- ☐ 18. Ask your child to describe an ideal day. How would it differ from a typical day?
- ☐ 19. Together, enjoy a frosty treat like a smoothie or an ice cream cone.
- ☐ 20. Have your child list favorite songs, TV shows and books. Look back later and see how your student's opinions have changed.
- ☐ 21. Challenge your child to give an example of an *adjective* and an *adverb*.
- ☐ 22. Will your child need back-to-school clothes? Set a budget and guidelines and let your student make some choices within them.
- ☐ 23. Check the summer reading list. Is your child making progress?
- ☐ 24. Agree on an adult friend that your child can talk to for advice if asking you seems uncomfortable.
- ☐ 25. Make today a device-free day. Put your child in charge of planning alternative activities.
- ☐ 26. Introduce your child to historical fiction. The characters can offer a new perspective and make history relatable.
- ☐ 27. Have your child estimate items' weights, then weigh them to check.
- ☐ 28. To make a point with your middle schooler, state your view and explain your reasoning, but don't insist on agreement.
- ☐ 29. Get up early and watch the sunrise with your child.
- ☐ 30. Encourage your child to look online for a simple science experiment you can do together at home.
- ☐ 31. Instead of requiring your child to finish a book that's boring, help find one that's more enjoyable.