

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

North Highlands Elementary School



THE  
**PARENT**  
INSTITUTE®

## September 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make an appointment to spend time with your child this month. Write it on your calendar.
- 2. Have a “goodbye to summer” picnic today. Talk with your child about the great times you had together over the summer.
- 3. Name different types of punctuation with your child.
- 4. A nutritious breakfast helps kids learn. Be sure your child starts the day with a healthy breakfast at home or at school.
- 5. Help your elementary schooler set a learning goal. Write down the steps your child will take to reach it. Post it in a visible spot.
- 6. Find out about upcoming events for families at school. Plan to attend as many as you can.
- 7. Select a spot in your home to display your child’s best schoolwork. Change the display often.
- 8. It’s International Literacy Day. Talk about why reading is important and schedule a daily read aloud-time with your child.
- 9. Assign a place to keep important school papers—a box, basket or folder.
- 10. Review the school rules with your child. Say that you expect your child to follow them.
- 11. Ask your child to tell you a story.
- 12. Watch the news together. Help your child use a world map to locate one place that was mentioned.
- 13. Start a family savings plan for a special goal. Discuss how your family can reach the goal together.
- 14. Write your student’s name vertically. Have your child use each letter to begin a line of a poem.
- 15. As a treat, let your child stay up 30 minutes late to read in bed.
- 16. A planning calendar can help your child stay organized this school year. Get or make one together.
- 17. Give family members some marshmallows and uncooked spaghetti. See who can build the tallest tower.
- 18. Find something small enough to fit in a pocket. Have your child write a story about it.
- 19. Ask your child to tell you about one thing the class learned about in school today. Share one thing you learned.
- 20. Let your child see you keep your temper when you are angry. Calmly talk about how you feel instead of yelling.
- 21. Review spelling or vocabulary words with your child tonight.
- 22. Play board or card games as a family.
- 23. Visit an interesting place in your town. Then ask your child to create an advertisement to tell others about it.
- 24. Have each family member write a funny sentence. Put them together to make a story.
- 25. Draw a picture with your child. Hang it on the refrigerator.
- 26. If you haven’t met your child’s teacher yet, make plans to do so. Talk about your visit with your child.
- 27. At dinner, have family members share the best and worst parts of their days.
- 28. Ask your child to calculate the average age of family members. Add up ages, then divide by number of family members.
- 29. Ask your child, “What is one thing that makes you feel really excited?”
- 30. Visit the library with your child. Check out a book about science.