

Daily Learning Planner

*Ideas families can use to help students
do well in school*

MIU IV



THE
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INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Will your family celebrate a holiday this month? Ask your child to take the responsibility for one or two traditions.
- 2. When reviewing a graded test, talk about what your child got right first. Help your student think about what worked to learn that material.
- 3. Ask your child to take photos during family events. This can build interest in participating.
- 4. Eliminate distractions and try not to interrupt when your child is doing schoolwork.
- 5. Make plans to take your child to an event at the high school. Discuss your student's own goals for high school.
- 6. Together, think of synonyms for words. A synonym for *talk* is *converse*.
- 7. Faced with a thorny situation? Try talking with other families at school. Teachers can also be helpful sources of advice.
- 8. Bake cookies with your child. If you're doubling a recipe, have your middle schooler do the math.
- 9. Make popcorn and watch a movie with your child. Talk about the film.
- 10. Talk with your child about a choice you have made. Then, talk about the consequences.
- 11. Encourage your child to compare prices and return policies at different stores before buying something.
- 12. Make a special toast to your child at breakfast or dinner.
- 13. Knock before you enter your child's bedroom. Respecting middle schoolers' privacy boosts their self-respect and independence.
- 14. Show your child you are always trying to learn and improve.
- 15. School attendance matters. Set a bedtime that lets your child wake on time. Don't allow absences or late arrivals because your child is tired.
- 16. Limit drinks with caffeine at night. They can deprive your child of needed sleep.
- 17. Have each family member do two nice things for others today. Later, have everyone share what they did.
- 18. If your child uses social media, scroll through the feed together. Discuss content that sends messages about unrealistic or unhealthy body types.
- 19. Use math-related terms in conversation, such as *parallel* and *intersect*.
- 20. Choose a word and rearrange the letters in alphabetical order. Can your child figure out the word?
- 21. Make a positive comment about one of your child's friends today.
- 22. Ask which your child likes more, being alone, or being with other people?
- 23. Listen to your child's favorite radio station in the car. Exchange opinions about what you hear.
- 24. Read a favorite children's book aloud as a family.
- 25. Give the gift of your time to your child.
- 26. Share stories about your family's history with your child.
- 27. With your child, think of as many city nicknames as you can: The Big Easy (New Orleans), Motor City (Detroit).
- 28. Practice the art of compromise. Negotiate with your child about something you can be flexible about.
- 29. Brainstorm together about ways to make your family's diet healthier.
- 30. Look for a skill you and your child can learn together. It's a fun way to get to know your child on a new level.
- 31. Together, make a collage of photos taken of your child this year.