

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Lowell School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. With your child, make up a new unit of measurement. How many fingers long is your child's desk?
- ☐ 2. Go outside with your child and look for "pictures" in the clouds.
- ☐ 3. Ask your child to teach you how to play a game you don't know.
- ☐ 4. Encourage your child to put on a talent show or puppet show. You provide the popcorn and the applause.
- ☐ 5. Celebrate Be Kind to Animals Week. With your child, do something nice for your family pet or feed the birds in a park.
- ☐ 6. At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
- ☐ 7. Let your child add a few raisins to a glass of clear soda. Watch them rise when bubbles collect on them and fall when the bubbles pop.
- ☐ 8. Talk about different food groups with your child. Together, try to classify the foods in your cupboard.
- ☐ 9. On a cloudy day, take a magnifying glass outside. Let your child look at insects through it.
- ☐ 10. Look at a photo in the news today with your child. Talk about it. Then read the article together.
- ☐ 11. Help your child see the link between positive habits and results.
- ☐ 12. Try spending an entire day without modern technology. What can your family do instead?
- ☐ 13. Tonight, look at the moon. Is it a crescent, full circle or half circle? Have your child draw the shape.
- ☐ 14. It's Physical Fitness and Sports Month. Enjoy some new physical activity you can do together as a family.
- ☐ 15. Pay your child a specific compliment.
- ☐ 16. Watch a sunset with your child.
- ☐ 17. Challenge your child to invent something that will make life easier.
- ☐ 18. Hide 25 pennies around the house. Have your child find as many as possible. Count them. Fewer than 25? Have your child keep looking.
- ☐ 19. Together, hold your noses while you eat. Does it affect the food's taste? Explain that we use the senses of taste *and* smell to perceive flavor.
- ☐ 20. Watch the news with your child. Choose a Person of the Week. Read more about that person.
- ☐ 21. Play a game together without obeying the rules. Then, play with the rules. Which way works better?
- ☐ 22. Look at family photos together from one year ago. Talk about all the ways your child has grown!
- ☐ 23. Plant a windowsill garden with your child.
- ☐ 24. Remind your child that no one is perfect, but we can all learn and get smarter.
- ☐ 25. Play a board game that uses math, such as Monopoly.
- ☐ 26. Talk with your child about leadership. Effective leaders aren't bossy or mean. They make people want to work together.
- ☐ 27. Before your child starts a project, ask "What do you want to learn from this?"
- ☐ 28. Ask your child to create an advertisement for a favorite school subject.
- ☐ 29. Avoid comparing your child to others.
- ☐ 30. Ask your child, "Why don't clouds fall out of the sky?" Read together to find the answer.
- ☐ 31. Have your child add up all the change in your pocket or purse. Help your student practice making change.