

Daily Learning Planner

*Ideas families can use to help students
do well in school*

St Thomas Aquinas High School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Celebrate your teen's achievements. Post report cards, honor roll lists and awards just as you did when your student was young.
- ☐ 2. Check on your teen's grades. If necessary, help your student create a plan to raise them before the year ends.
- ☐ 3. Remind your teen that school attendance is mandatory—even on warm spring days!
- ☐ 4. When your teen tells you something important, restate it to make sure you understand.
- ☐ 5. Cliques leave many teens on the sidelines. Encourage your teen to reach out and include others.
- ☐ 6. Have breakfast with your teen today. Talk about what you each like best about your teen's friends.
- ☐ 7. It's National Library Week. With your teen, explore all the services your local library has to offer.
- ☐ 8. Ask your teen to help you brainstorm dinner ideas for the week ahead.
- ☐ 9. In the morning, discuss your teen's plans for the day.
- ☐ 10. Talk about the importance of laws with your teen. What if there were none? What if they were ignored?
- ☐ 11. Give your teen some details about what you did today at work.
- ☐ 12. Ask your teen to report on a news item during dinner tonight.
- ☐ 13. Find an activity your teen loves and do it together this month.
- ☐ 14. Invent a recipe with your teen. If it doesn't work, brainstorm ways to fix it.
- ☐ 15. Write a brief story, leaving out the punctuation. Have your teen add punctuation that makes the story easy to read and understand.
- ☐ 16. Talk with your teen about mistakes. How can people learn from their mistakes?
- ☐ 17. When your teen does something well in school, say things like, "I want to hear all about it!"
- ☐ 18. Help your teen research possible future careers. What skills or education are required for each?
- ☐ 19. Encourage your teen to visit the school's career center.
- ☐ 20. Have family members bring a joke to share over dinner.
- ☐ 21. Offer to help your teen review for a big test. You could run through flash cards or time your student taking a practice test.
- ☐ 22. Make plans to do something together with the family of one of your teen's friends.
- ☐ 23. Have your teen find places mentioned in the news today on a map.
- ☐ 24. When was the last time you said "I love you" to your teen? Do it today.
- ☐ 25. While you are driving, see if your teen can point out traffic rules you are following.
- ☐ 26. Does your teen study well with others? If so, suggest starting a study group.
- ☐ 27. It's National Poetry Month. Challenge your teen to write a poem that conveys a message in very few words.
- ☐ 28. Offer a reminder of difficult things your teen has learned how to do that have taken time and effort to master.
- ☐ 29. Sit outside with your teen and enjoy some conversation.
- ☐ 30. Play to your teen's strengths. Look for ways for your student to apply them in everyday life.