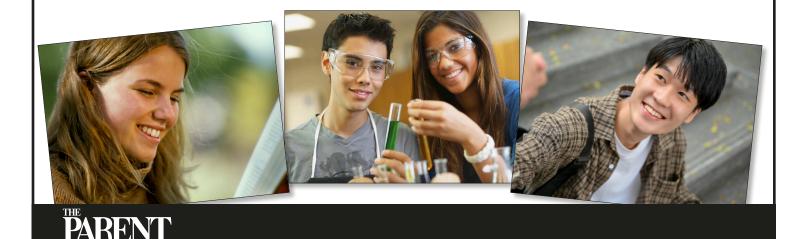
Daily Learning Planner

Ideas families can use to help students do well in school

St Thomas Aquinas High School



April 2024

Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Celebrate your teen's achievements. Post report cards, honor roll lists and awards just as you did when your student was young.
- 2. Check on your teen's grades. If necessary, help your student create a plan to raise them before the year ends.
- 3. Remind your teen that school attendance is mandatory—even on warm spring days!
- 4. When your teen tells you something important, restate it to make sure you understand.
- O 5. Cliques leave many teens on the sidelines. Encourage your teen to reach out and include others.
- O 6. Have breakfast with your teen today. Talk about what you each like best about your teen's friends.
- 7. It's National Library Week. With your teen, explore all the services your local library has to offer.
- **Q** 8. Ask your teen to help you brainstorm dinner ideas for the week ahead.
- 9. In the morning, discuss your teen's plans for the day.
- 10. Talk about the importance of laws with your teen. What if there were none? What if they were ignored?
- 11. Give your teen some details about what you did today at work.
- 12. Ask your teen to report on a news item during dinner tonight.
- 13. Find an activity your teen loves and do it together this month.
- 14. Invent a recipe with your teen. If it doesn't work, brainstorm ways to fix it
- 15. Write a brief story, leaving out the punctuation. Have your teen add punctuation that makes the story easy to read and understand.

- 16. Talk with your teen about mistakes. How can people learn from their mistakes?
- 17. When your teen does something well in school, say things like, "I want to hear all about it!"
- 18. Help your teen research possible future careers. What skills or education are required for each?
- 19. Encourage your teen to visit the school's career center.
- 20. Have family members bring a joke to share over dinner.
- 21. Offer to help your teen review for a big test. You could run through flash cards or time your student taking a practice test.
- 22. Make plans to do something together with the family of one of your teen's friends.
- 23. Have your teen find places mentioned in the news today on a map.
- Q 24. When was the last time you said "I love you" to your teen? Do it today.
- 25. While you are driving, see if your teen can point out traffic rules you are following.
- 26. Does your teen study well with others? If so, suggest starting a study group.
- 27. It's National Poetry Month. Challenge your teen to write a poem that conveys a message in very few words.
- Q 28. Offer a reminder of difficult things your teen has learned how to do that have taken time and effort to master.
- 29. Sit outside with your teen and enjoy some conversation.
- 30. Play to your teen's strengths. Look for ways for your student to apply them in everyday life.