

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Oliver Wendell Holmes Middle School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Ask your child, "If you could meet anyone from the past, who would it be? What questions would you ask?"
- ☐ 2. Have everyone in the family spend 30 minutes cleaning up your home. Many hands make light work.
- ☐ 3. Write your child a note of thanks. "It's such a help to the family when you vacuum the floor. Thank you!"
- ☐ 4. Stage a family fire drill. Make sure your smoke alarms work.
- ☐ 5. Ask what five rules your child would make if in charge of the household.
- ☐ 6. Discuss an international news event with your middle schooler. How is it affecting this country?
- ☐ 7. As you drive, talk with your child about traffic safety.
- ☐ 8. Have a rhyming conversation with your child. It may be tough at first, but you'll get better!
- ☐ 9. Discuss ways to conserve resources. Encourage your student to reuse old papers that are blank on one side.
- ☐ 10. Talk with your child about ways to resolve conflicts peacefully.
- ☐ 11. Focus on things your child does well today. Provide specific praise.
- ☐ 12. Peer pressure can be positive. Encourage group activities like sports and volunteering.
- ☐ 13. Ask your child, "If you could redesign your room any way you wanted, what would you do?" Consider making reasonable changes.
- ☐ 14. Today is Pi Day. Pi is a mathematical constant that starts with 3.14. Go online with your child to learn more about pi.
- ☐ 15. Make sure your child gets enough sleep every night—especially in the days and weeks leading up to tests.
- ☐ 16. Give your child a plant to care for.
- ☐ 17. Let your child invite a friend to join your family for dinner one night.
- ☐ 18. Link responsibilities to freedom. By becoming more responsible, your child can earn more freedom.
- ☐ 19. On days without assignments, have your child use study time to review.
- ☐ 20. Create a word search for your child by hiding vocabulary words in a grid and surrounding them with random letters.
- ☐ 21. Challenge your child to do as many push-ups as possible.
- ☐ 22. Encourage your child to write a thank-you note to a favorite teacher.
- ☐ 23. Avoid disciplining your child in front of friends. Save it for when you are alone.
- ☐ 24. Visit a nearby museum together, or take a virtual museum tour online.
- ☐ 25. Talk with your child about romantic relationships. Share your values and standards.
- ☐ 26. Learn about the dangers of vaping. Talk about them with your child.
- ☐ 27. Ask your child to tell you about a favorite memory of family.
- ☐ 28. Encourage your child to review class notes, identify key ideas and draw pictures to illustrate them.
- ☐ 29. Have your child show you some websites or apps that have been helpful when doing schoolwork.
- ☐ 30. List your priorities in life, including family. Does your schedule reflect what's most important?
- ☐ 31. Challenge your child to find out how family first names would be pronounced in another language.