1. Plan a trip to the nearest museum. Mark the day on your calendar. Talk about what you and your child will see.
2. Get two socks. Soak one in water and keep one dry. Let your child tell you which one is heavier. Ask why.
3. Help your child make a bookmark by decorating a strip of cardboard.
4. See how many round objects your child can find.
5. Look for butterflies outside or in pictures. How many colors does your child see on them?
7. At dinner, have each person give everyone else a compliment.
8. Give your child some old clothes to play dress up with. Ask who your preschooler is pretending to be in each outfit.
9. Take your child to visit your workplace, or a friend's workplace.
10. Encourage your child to be a respectful winner and a gracious loser.
11. Make a list of five fun things for your family to do together. Plan when you will do them.
12. Listen to the birds. What songs does your child think they are singing? Make up words for a song the birds might sing.
13. Make foot art. After dipping bare feet in washable paint, have your child walk on paper.
14. Spend some time with your child in a flower garden. Later, ask your child to draw an imaginary garden.
15. Attach a popsicle stick to the back of a photograph of a person or animal. Cover the photo with self-stick plastic for an instant puppet.
16. Ask your child some why questions: Why do we put belongings away? Why are spoons better than forks for eating soup?
17. Have your child draw a picture of what summer looks like.
18. Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.
19. Count everything with your child today. Count toys as you put them away, steps you take to the mailbox and napkins as you set the table.
20. Play a game with your child. It could be an active outdoor game or a quiet board game.
21. Cut bread into shapes. Make two of each shape. Have your child match the shapes up for sandwiches.
22. Ask your child to tell you about a favorite person or belonging.
23. Play charades as a family this evening.
24. Tell a story about yourself when you were your child’s age. What was important to you back then?
25. Let your child invite a friend to play, at home or at a park. Serve snacks and play games.
26. Read a book about animals and their homes with your child.
27. Tell your child that fall is coming soon. Talk about things to expect, such as cooler weather and autumn colors.
28. Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.
29. Together, call or write to a relative you haven’t talked to in a while.
30. Write upcoming preschool events on your family calendar. Make plans to attend as many as you can.
31. Tell your child about a family tradition you enjoyed as a child. Recreate the experience if you can.