1. Look at a calendar with your child. What month is it? What kinds of things happen in September?
2. At the library, have your child pick out a book for you to read aloud.
3. Take your child outside for a “listening minute.” Close your eyes and take turns naming the sounds you hear.
4. Lay out several household objects and ask your child to line them up from smallest to largest.
5. Teach your child about uppercase and lowercase letters. Write a letter both ways on an index card. Repeat for the other letters.
6. Ask your child to check the weather and draw a picture of it.
7. Help your child practice tying shoelaces in a bow. If your child’s shoes don’t tie, use yours.
8. Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the different tones.
9. Make faces that show different emotions (happy, sad, surprised, etc.). Ask how your child thinks you feel with each face.
10. Create an indoor obstacle course. Your child could go around a chair, under a table, or through a large box.
11. Have your child draw a picture of nighttime and a picture of daytime.
12. Remove three items from your purse or pocket. Show them to your preschooler, then put them away. Can your child name them?
13. Make plans for a special parent-child day.
14. Stretch a rope on the ground. Show your child how to jump over it from side to side.
15. Make faces that show different emotions (happy, sad, surprised, etc.). Ask how your child thinks you feel with each face.
16. Ask your child how and why questions. They require reasoning.
17. Say a word, such as cat. Can your child think of a word that rhymes?
18. Fill a jar with small items. Ask your child to guess the number of items. Then count them together.
19. Ink your child’s fingers on a washable stamp pad and press them on paper. Explain that no two fingerprints are the same.
20. Discuss some of the weather changes that take place in the fall. (Daytime is colder and shorter.)
21. Have your child name the people in your family. Who is the oldest? The tallest?
22. Have a family movie night. Talk about what was real and what was pretend in the movie.
23. Play hide-and-seek with your child. When you are the one hiding, clap your hands so your child can listen to find you.
24. Read three poems with your child today.
25. Visit a park or playground together. Encourage your child to interact with the other children there.
26. Create “leaf impressions.” Have your child place a sheet of paper over some leaves and rub over the paper with crayons.
27. Teach your child a new skill, like folding napkins or feeding a pet.
28. Plant a fall flower, such as a mum, with your child. Or plant bulbs that will come up in the spring.
29. Poke holes in the bottom of a large plastic bottle. When you are outside, fill the bottle with water and let your child sprinkle the grass.
30. Collect leaves, bark, and sticks together. Have your child glue them to paper to make a tree.