

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Rockdale County Public Schools



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Ask what your child thinks is humanity's greatest invention.
- 2. Ask your student to teach you something, such as how to use a computer program or app.
- 3. Stay positive when helping your child with schoolwork, especially if your student is discouraged.
- 4. Remind your child that "neatness counts," and sloppy work—particularly in math—leads to errors.
- 5. Talk about the systems of the human body with your child.
- 6. Look over your child's recent assignments. Ask questions to help your middle schooler review.
- 7. Have your child make a collage of pictures of athletes in different sports. Talk about different healthy body types.
- 8. Exchange notes with your child instead of talking for part of the day.
- 9. Challenge your child to classify living animals near your home: *amphibian, mammal, bird, reptile, fish, insect or crustacean.*
- 10. Have your child estimate how long an assignment will take. Then, time how long it actually takes and compare.
- 11. Ask your child to teach you a word or two of the slang middle schoolers use. Don't try to use them yourself, however.
- 12. Give family members marshmallows and uncooked spaghetti. See who can build the tallest tower.
- 13. Assemble a family first aid kit. Make sure everyone knows where it is.
- 14. When you talk with your child, don't speak for more than 30 seconds at a time before letting your child have a turn to speak.
- 15. Talk about hygiene with your child. Explain that proper hygiene shows respect for oneself and others.
- 16. Look for a set of instructions written in several different languages. Can your child guess what languages they are?
- 17. If your child could learn anything this summer, what would it be?
- 18. Ask your child to recommend a book for you to read.
- 19. How many two-scoop combinations can your child make with three flavors of ice cream?
- 20. Will your child have a summer reading list for school? Find out now how to borrow titles from the library, if necessary.
- 21. When you set a rule for your child, ask yourself, "Am I setting an example by following this rule?"
- 22. Let your child pick a topic. Together, think of as many things as possible that are connected to it.
- 23. Watch a history program on TV with your child.
- 24. Name a famous person and have your child guess what the person is famous for. Then it's your child's turn to name someone.
- 25. Talk about a current event that is happening in another country.
- 26. Tell your child to think before posting online, "Would I be uncomfortable if my teacher saw this?"
- 27. Discuss the meaning of some common sayings to your child, such as "Beauty is only skin deep" and "Winning isn't everything."
- 28. Ask your child, "What do you think is the most important thing you have learned at school so far this year?"
- 29. Treat food as fuel. Don't turn it into something your child "earns" for behaving well or "loses" when behaving badly.
- 30. If your child tells a lie, ask, "What got in the way of telling the truth?"
- 31. Let your child see you being honest, dependable and accountable.