

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Heritage Community Charter School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Take turns with your child making statements and deciding whether each one is *fact* or *opinion*.
- 2. Teach your child about investing. Create an imaginary stock portfolio, and have your child track the value over time.
- 3. Ask your child to make graphs of family habits. How long does each person sleep? Who reads the most?
- 4. Talk about stereotypes with your child. Discuss why they're unfair.
- 5. See how many words you and your child can use to describe the day's weather. For example, *foggy*, *cloudy*, *wet*, *dreary*.
- 6. Discuss an international news event with your child. How is it affecting the nation?
- 7. Make up a story with your child. Take turns adding sentences.
- 8. Reach out to your child's teachers and counselor throughout the year with questions you have about how your student is doing in school.
- 9. Plan a weekend family activity. Let your child invite a friend.
- 10. At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
- 11. It's Veterans Day in the U.S. and Remembrance Day in Canada. Talk with your child about showing respect for veterans and their service.
- 12. Ask your child, "What does the word *happiness* mean to you?"
- 13. Practice estimating together. How many popped popcorn kernels will fit in your child's hand? How many oranges are in a bag?
- 14. Help your child use small chunks of time as opportunities to study or review.
- 15. Ask your child: "Do you think honesty is always the best policy? Why or why not?"
- 16. Have your child spend 10 minutes at night getting ready for the next day. Mornings will be calmer.
- 17. Help your child think of ways to help others.
- 18. Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.
- 19. Start a family journal of highlights and accomplishments.
- 20. Review what your child should do in an emergency, such as a house fire.
- 21. Address misbehavior by applying consequences that teach, rather than punish.
- 22. Tell your child a family story. Try to think of one that teaches a lesson.
- 23. Spend a few minutes talking with your child at bedtime. Mention something positive your middle schooler did during the day.
- 24. Help your child prioritize assignments and do them in that order.
- 25. Sort through family photos together. Let your child pick some to put on display.
- 26. Play a game with your child that builds thinking skills, such as chess.
- 27. Have your child pretend to be mayor for the day. What three ideas would make your community a better place?.
- 28. At the dinner table, have each family member share something they're thankful for.
- 29. Ask your child to write a thank-you note to someone who's been helpful.
- 30. Take a walk or enjoy some physical activity with your child.