

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Henderson County Public Schools



THE
PARENT
INSTITUTE®

July 2022

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Ask your child to fill a tall, thin cup with water. Then pour the water into a short, broad cup. Does the amount look different?
- 2. Make unusual prints with your child by dipping flowers into paint and then pressing them onto paper.
- 3. Make up a short question. Ask your child to answer in rhyme.
- 4. Talk about the word *independence* with your child today. What does it mean?
- 5. Read under the stars. Take a blanket and book outside and read with your child by flashlight.
- 6. Have a “pattern” day. Ask your child to notice patterns all around, from street addresses to striped fabrics.
- 7. Make a list of words for your child to find and circle in the newspaper.
- 8. Ask your child *how* and *why* questions to provide reasoning practice.
- 9. Tonight, allow a few minutes after the light is off for quiet conversation with your child.
- 10. Have your child write a letter or draw a picture for a living author of a book. Send it to the author in care of the book’s publisher.
- 11. Walk as fast as you can around your block with your child. Time yourselves. Try to improve your time next week.
- 12. Pick a new word out of the dictionary. Everyone try to use that word at least three times today!
- 13. Start a sentence-a-day story. In a special notebook, take turns with your child writing a story one sentence at a time.
- 14. Ask if your child has ever had a dream that was really scary. What was it about?
- 15. Ask your child to tell you about a favorite family tradition.
- 16. On a sunny day, stand on the driveway or sidewalk with your child. Trace each other’s shadows with chalk.
- 17. Teach your child how to disagree respectfully.
- 18. Learn how to say “I love you” in at least three other languages. Share this with your child.
- 19. Have your child tie a string between two chairs. Use a balloon and play indoor volleyball together.
- 20. Ask about the nicest thing a friend has ever done for your child.
- 21. As a family, do something nice together for your neighborhood, such as picking up litter.
- 22. Encourage your child to draw a self-portrait.
- 23. Help your child find a hobby. Check the library or online for ideas.
- 24. Set aside time today to work on your child’s new hobby together.
- 25. Play alphabet games with your child. List countries, animals or cars in alphabetical order.
- 26. Is your child turning into a summer couch potato? Limit screen time and encourage outdoor play.
- 27. Give your child a magnet. Together, test to see which things in your house contain iron.
- 28. In a paper cup, plant the seeds from a fruit your child has eaten. Water them and see if they grow.
- 29. Sing a familiar song and leave out some words. Does your child know which words you left out?
- 30. Remember, kids need downtime to think, imagine and play.
- 31. Tell a story about when you were your child’s age.