

When you give your child responsibilities, you are saying, "I respect your abilities and judgment. I think you can do this and trust that you will." There are few better ways for you to prepare your child for school success.

The key is knowing what responsibilities to give and when. Together, talk about what responsibilities your child is ready to handle—getting up and going to bed on time, fixing breakfast, doing chores or completing schoolwork.

Once you have an agreement, make a checklist of who is responsible for what and stick to it. Don't pester your child to get things done. Remember, as long as you are nagging about the responsibility, you are not letting your child be responsible.

Here's How You Can **Teach Your Child** To Be Responsible

Success



- Never do tasks your child can do independently.
- Don't do your child's schoolwork. Offer support, but don't take over.
- Give your child responsibilities at home. First assign simple tasks. Then build up to bigger jobs.
- Post a weekly list of chores. Have a place for your child to check off completed tasks.
- Tell your child the consequences for failing to do a task and, if necessary, allow the consequences to happen.

- Don't accept excuses from your child for failing to complete a task. Talk about the problem and find a solution.
- Discuss school responsibilities with your child: following directions, completing work on time, listening to the teacher, and being respectful of others.

The very best place for children to learn to take responsibility for their behavior is at home.

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