

Effective study habits help children become independent and confident learners. After all, studying is your child's job—not yours. But you can help make study time more successful.



Many students don't have a regular study time. They fit schoolwork in around talking with friends, using the computer, playing on a team or watching TV and videos. As a result, they don't do much studying at all.

You can't do the studying *for* your child, but you *can* promote effective study habits.

The first step is to establish a regular study time for your child. Completing schoolwork should take priority over your child's other activities.

The best students study every day. If they don't have a specific assignment, they review the main points covered in class or key vocabulary words for the current unit. Or they read ahead.

Here's How to Help Your Child Develop Study Habits



- Help your child find a regular place to study every day.
- Give your child a planner to keep track of assignments and due dates.
- Post a calendar and have your child keep track of test dates, school events and all other activities and commitments.
- Encourage your child to take notes in class. Teachers talk about what they think is most important.
- Have your child review notes every day.
- Keep a phone list of study buddies your child can call with questions.

- Teach your child how to read for meaning: Make bold-faced headings into questions and then answer them. Make flashcards of key vocabulary words.
- Make sure your child has easy access to the tools needed for studying, such as a dictionary, calculator, pencils and paper.

When you are supportive and and your child studies every day, school success is sure to follow.

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