

# Turn reading into an enjoyable family habit



Does your family have certain routines that are “just the way you do things”? Do you have breakfast together every day? Eat pizza together every Friday night? Do you take walks as a family on the weekends? Why not make reading one of those habits, too?

Here are a few fun ways to add reading to your family’s schedule:

- **Visit the library weekly.** Pick a day to be your library day and stick to it. Explore different sections to add variety and interest.
- **Make reading a treat.** Let everyone stay up later to read on weekend nights.
- **Read on the go.** Keep books in a tote or in your car so your child can regularly read while heading to and from activities. Listen to age-appropriate audiobooks while traveling together.



- **Schedule weekly reading dinners.** Have family members take turns selecting a book and reading aloud. Or, discuss a book that everyone has read. You can also enlist your child’s help in planning theme dinners based on books you have read together. Adding reading to your family’s routines is likely to lead to more reading and increased enthusiasm for books and learning!